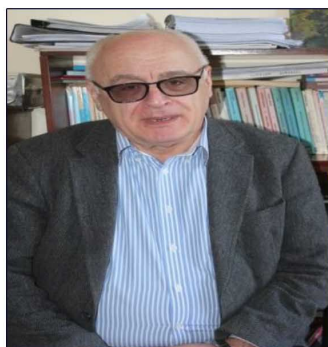




DEPARTMENT OF PSYCHOLOGY



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DEPARTMENT OF PSYCHOLOGY



In 1996, Department of Psychosomatic Medicine and Psychotherapy was founded at the Tbilisi State Medical University. The General and Clinical Psychology was established as a unit within the framework of the department. From 2002 annually, nearly 20 psychotherapists graduated from the faculty but from 2006 it was decided to teach psychology (“Basics of Psychology” and “Clinical Psychology”) to all undergraduate (except Pharmacy) and the PhD students of the university. As a consequence, programs were developed and implemented by the clinical psychology direction which was later transformed into the department of Psychology.

Theoretical and experimental scientific research in fundamental and applied psychology have been conducted at the department for the last five years. The studies cover psychology of attitudes, clinical psychology, neuropsychology, psychotherapy. From 2007 “The Problem of Freedom: Paradigms of the Western Science, the Eastern Religious and Georgian Psychological School” has been developed. Issues related to the problem have been published in various journals and proceedings. Within the framework of the theoretical studies system of psychological self-training has been elaborated. The system has been based on the synthesis of Eastern (yoga, tugun), European and Georgian psychology of attitudes.

In 2006 experimental studies in the quality of life satisfaction in atopic dermatitis patients was conducted and the dermatology life quality index (DLQI) was determined in Georgian population. In 2009 a book “Psychology and Life” by Richard J. Gerrig and Philip Zimbardo was published. In 2013-2015 several research was conducted in partnership with the Children's Neurology Center and several articles (R, Mkheidze, M. Khundadze) and four readers in clinical psychology, neuropsychology, health psychology and psych diagnosis were published. By 2022 a book in Clinical Psychology is planned to be published.

From 2019, a research and adjustment program (center) of psychological attitudes has been developed supported by the Department of Psychology. Aim of the program is to work on the core concept of Georgian psychology – D. Uznadze psychology of attitudes. The attitudes are to be explored and adjusted to solve the problems in psychotherapy. The project is developed by two doctors, one biologist and fourteen psychologists supervised by Prof. Ramaz Sakvarelidze.